

# Franziska Dieterich

Healing Practitioner, Body/Trauma Therapist, Researcher

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## Career History

- Since 2009 Own Praxis in Berlin / Prenzlauer Berg
- Since 2015 Consultant in the artistic processes of artists and groups, f.ex. Dragana Bulut, Barbara Raes, Public in Private.
- Since 2014 Body therapist and lecturer for Meg Stuart and the Damaged Goods
- 2010-20 Body therapist for several tournees and productions of Sasha Waltz & Guests
- 2012-15 Movement and acrobatics teacher in Berliner Schule für Schauspiel /Hochschule Felix Mendelssohn Bartholdy Leipzig/ Accademia dell'Arte Arezzo
- Since 1993 Actress, Voice artist, Singer

## Education

### Somatic Experiencing / SE (body oriented trauma work)

2024	Breath and Consciousness	Peter Levine / CH
2024	Transgenerational Trauma	Heike Gattnar /München, Traumahilfezentrum
2024	Neuroaffective Developmental Psychology 3 Modules	Marianne Bentzen / CH
2023	Somatic Tracking in Children	Ale Duarte /CH
2023	SE Bodywork plus	Urs Honauer / CH
2023	Imagination , Dreams and SE	Peter Levine / CH
2022	<i>Grief - when the heart breaks, it bursts open</i>	Susanne und Michael Kraft /ZIST
2022	<i>In the the eye of the needle</i> Processing near-death experiences 3 modules	Peter Levine / CH
2022	<i>The common thread - treatment plan in process work</i>	Szilvia Meggyesy /SE e.v
2022	Sexual Trauma	Marianne Bentzen /SE e.v
2021	Stress, Depression and Addiction	Peter Levine/Diane Richardson
2021	SE and Developmental Patterns	Peter Levine /CH
2020	Energy fields, space-time phenomena and the ancestors	Peter Levine / CH
2019	Bodywork and attachment dynamics	Kathy Kain /Zentrum für innere Ökologie /CH

2020-17	Somatic Experiencing (body oriented trauma therapy )	Baptev /SE Dtlld /Anne Janzen /Heike Gattnar
2022	<b>Kundalini Yoga</b> Teacher Training	KRI / Panch Nishan Berlin
seit 2021	ongoing modular <b>Tantra Massage</b> Training	Ananda Wave / Köln
2017-08	<b>Cranio - Sacral Therapy</b> Visceral Osteopathy	Weg der Mitte / Berlin
2016	<b>Fascia Therapy</b>	Carsten Huffmeyer / Akademie Eckernförde

### Shiatsu

2021	Osteopathy in Shiatsu: Vagus Nerve	Schule für Shiatsu Hamburg Jürgen Westhoff
2021	Osteopathy in Shiatsu: Hips/ Pelvis	Schule für Shiatsu Hamburg
2004-01	Zen-Shiatsu Training Various courses	ZfhB Berlin

1993	<b>Acting Education</b> Paritätische Prüfung	Ausbildung/ Deutsche Genossenschaft Bühnen-Angehörigen	Bühnenverein, Deutscher
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### Experience and research in the field of bodywork

- 20 Years of Aikido training / Yon (4) Dan. (Seishiro Endo Sensei, Jan Nevelius, Jorma Lyly, Christian Tissier )
- Tai Chi ( Niels Paulini )
- Several years of body- weather training ( Min Tanake / Elias Cohen )
- Butoh / Noguchi Taizo ( Yuko Kaseki / Isaak Immanuel )
- Klein – Technique ( Susan Klein / Hanna Hegenscheidt)

- Kashima No Tachi ( Sword )
- Qi Gong ( Nei Yang Gong / 8 Brocades )

## Healing practice offer

- Shiatsu ( Masunaga )
- Biodynamische Cranio- Sacral Therapie
- Faszium Therapie
- Somatic Experiencing / SE (body oriented trauma therapy )
- Kundalini Yoga

I have experience with and offer lecture and workshop formats (including the context of artistic productions) related to body therapy and practice, covering the areas of touch - connection - healing - trauma.

2022	DOCK 11	Gua Sha Workshop
2021	Ponderosa Stolzenhagen	Blue Vortex Workshop II // An introduction to the autonomic nervous system and the polyvagal theory of Stephen Porges
2020	Ponderosa Stolzenhagen	Blue Vortex Workshop I
2020	Hochschule für BK Dresden	Lecture // <i>Traumata - Bedanken zur Isolation und soziale Distanz</i>
2019	Tanzkongress	Preparatory sessions (in terms of concept development and methodology), individual therapeutic exchange

## Languages

- German
- English